



# **Stewpot September 2024 Newsletter**

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## **Fall is On the Way**







# Stewpot Has a New Mailing Address

**Post Office Box 2278, Little Rock, AR 72203**

**All Stewpot correspondence and donation checks  
should be sent to this P.O.Box.**

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## **Thanks to Brother Paul of Friendly Chapel**

We are deeply grateful to Brother Paul of Friendly Chapel in North Little Rock for his unwavering support and selfless dedication to our community and especially to Stewpot. His generous gifts of food and other needed items have helped us reduce our food costs significantly this year. Brother Paul has uplifted our spirits and fostered hope for our future. Brother Paul's compassion and generosity are beacons of



light in our community. The food you distribute reaches far beyond physical sustenance. Friendly Chapel's mission is a symbol of care and solidarity. Each item you share is a testament to your commitment to service and your deep understanding of what it means to support one another in times of need.

Friendly Chapel has created a ripple effect of kindness and gratitude. Families who struggle to make ends meet find relief in your generosity. Individuals facing tough times find solace in the knowledge that God cares for all people. Your actions inspire others to give, share, and help, reinforcing the fabric of our community with every gesture.

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## **Stewpot Volunteers Serve July 4th Picnic on July 3rd**

On a hot Thursday, volunteers from the 1st Wednesday Stewpot Group, along with Mandy Davis from CHI St. Vincent, served a July picnic to the Stewpot diners. Special

Jalapeño cheese hot dogs, donated by the Little Rock Chinese Community, were served along with a bun, baked beans , chips and an ice cream cone. Because of the long holiday weekend (Stewpot was closed on both Thursday and Friday) a special weekend sack containing ramen noodles, apple sauce, oreo cookies and salami sticks was also given to the diners.











## Stewpot Diner Makes Donation to Stewpot

On Wednesday, July 31st, a Stewpot diner made a donation to the Stewpot. The donation was in an envelope and was



all in pennies - 156 of them. Every gift is appreciated, but this gift from the heart was especially meaningful.



**Stewpot Extends  
Condolences to  
Jason Benbrook in  
the Death of**





# his Father

The Stewpot extends condolences to Jason Benbrook, Stewpot Day Manager, in the death of his father.

Charles H. Benbrook Jr., age 73, of Benton passed away on Sunday, July 28, 2024. He was born March 29, 1951, in Little Rock, to the late Charles Howard and Maureen (White) Benbrook. Charles attended Harmony Grove School in Haskell and graduated in 1969. Immediately following graduation, he joined the U.S. Navy where he was stationed in California and served in Vietnam and Guam.

Charles retired from the State of Arkansas as a licensed appraiser and from two part-time

retirement jobs at Benton School District and Evans Auto Parts. He was a member of Forest Hills Missionary Baptist Church.

The Stewpot was closed on Friday, August 2nd for his memorial service. Our prayers are with you Jason.

**If you old like to make a donation to the Stewpot in honor of Jason's father, send a check to The Little Rock Stewpot, Post Office Box 2278, Little Rock, AR 72203**

**Or click on the Make a Donation link below.**

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**Last Stewpot Meal Served at the First Presbyterian Church**



# on Friday, August 9, 2024



**The Friday Stewcrew, which serves every Friday, prepared the meal. To see a short video of the event, click on the button below.**

**Last Meal**

**Thanks to the First Presbyterian Church**  
Shirley Garlington, Stewpot Chair, and Charlie Frith,

Stewpot Board Member, attended the Session Meeting of First Presbyterian Church, on Sunday afternoon, August 11th to thank them for allowing the Stewpot to serve as a Mission of the church and to serve meals to the Little Rock homeless out of the church for almost 50 years. It was a gracious meeting, and the Session provided us with a Resolution in Appreciation of the Stewpot. To see the resolution, click on the link below.

[Resolution from First Presbyterian Church](#)

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## Moving Day

Jason, Day Manager, and Yolanda, Assistant Day Manager, moved many smaller items from the Stewpot to the Salvation Army during the second and third week of August. All of the large refrigerados and freezers were moved on August 29th. Two refrigerators that the Stewpot sold to Westover Hills Presbyterian Church were also moved. Workers were hired to help with the move. Nancy Carter brought pizza for the workers and Adrienne Kulousek and



Shirley Garlington brought delicious homemade cookies for the workers.



**Moving Day**



**Some of the Hard Workers!!**





## Pizza



## **Empty, Clean Dining Room**

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## **Stewpot Serves Its First Meal at the Salvation Army**

On Tuesday, September, 3 the Stewpot served its first meal at the Salvation Army. One hundred lunches were prepared. Each sack contained a peanut butter and jelly sandwich, a bologna sandwich, chips and cookies. Some



photos from the opening day are shown below.











## Charlie Frith and Shirley Garlington Present Minute for Mission about the Stewpot at Westover Hills Presbyterian Church





# Volunteers Needed!



Volunteers are always needed at the Stewpot. Volunteers typically help prepare sack lunches one day a month, i.e., a certain day of the month and usually work only once a month. There is nothing to preclude working more than once a month. Normal working times each day are from 9:00 am - 11:00 am. Volunteers help make sandwiches and whatever else is being served that day. Something hot, such as soup, stew, or wraps are served once or twice a week. Also, the



items must be placed in paper bags which Jason and Yolanda carry down to the serving area. For special occasions, a hot meal is prepared and served downstairs rather than sack lunches. For these occasions, the regular team prepares the food and a special team serves the food to the diners. The teams have fun and interact with each other as they volunteer at the Stewpot.

**Rather than volunteering for a single day or two, consider volunteering a specific day of each month (I,e,. the first Monday of each month, the second Tuesday of each month or the 4th Wednesday of each month, etc.**

**Please consider volunteering**

**For more information or to volunteer,  
contact the Stewpot at:**

**stewpotlr@gmail.com**

# Stewpot Holidays



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**New Year's Day**  
**Martin Luther King Day**  
**Good Friday**  
**Memorial Day**  
**Juneteenth**  
**Independence Day (4th of July)**  
**Labor Day**  
**Thanksgiving**  
**Friday after Thanksgiving**  
**Christmas Eve**



# Christmas Day

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## Make a Donation to Stewpot

Stewpot's financial support comes from donations from churches, individuals, corporations and grants. With moving costs, food costs rising and our numbers increasing each month, we really need your financial support. Please help support the Stewpot. Checks can be mailed to The Little Rock Stewpot, Post Office Box 2278, Little Rock, AR 72203.

You can also make an online donation by clicking on Make a Donation below. When you click on Make a Donation, you will have the option of making an online donation with either PayPal or a credit card.

**Make a Donación**

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**[Post Office Box 2278, Little Rock, AR 72203]**

**[[stewpotlr@gmail.com](mailto:stewpotlr@gmail.com)]**

**[<http://www.stewpot-littlerock.org/>]**

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